CAREER DEVELOPMENT TO UNLOCK POTENTIAL

HELP YOUTH EXPLORE CAREERS AND SHAPE THEIR FUTURES

WHEN SHOULD CAREER DEVELOPMENT BEGIN?

Career development is an ongoing process that can begin as early as kindergarten and last a lifetime. Introducing career awareness and exploration, at least as early as middle school, can help shape students' aspirations, prepare them for success in the future, increase their engagement in academics, and provide motivation by incorporating real-world examples and career scenarios.

HOW CAN EDUCATORS SUPPORT CAREER EXPLORATION FOR STUDENTS?

An educator, or a trusted adult, can play a vital role in guiding youth through this process by introducing career exploration into classwork. CareerZone, New York State Department of Labor's free-to-the-user career delivery platform, and its resources help students explore career options, define career skills, and make informed decisions about their future. The use of CareerZone and its lessons will also support educators in addressing the NYS CDOS learning standards.

HOW CAN CAREERZONE HELP?

CareerZone has resources and instructional tools to support educators and trusted adults in their career planning efforts.

HOW DO I LEARN MORE?

The CareerZone fact sheet provides more information about CareerZone and can be given to a youth to help them get started:

EDUCATOR RESOURCES

THE FACILITATOR'S GUIDE

This step-by-step guide provides a detailed overview of the CareerZone website, including:

- Tours of the website's features and functionalities.
- Strategies to use CareerZone for career exploration and awareness.
- Supports for youth working toward a Career Development and Occupational Studies (CDOS) plan.
- Guidelines for navigating the site with students to encourage active learning.
- Tips for troubleshooting to help resolve any technical issues.

Facilitator's Guide

CAREERZONE LESSON PLANS

These lesson plans have been developed by teachers like you to help incorporate CDOS standards into daily activities. Each lesson plan includes:

- Clear objectives and learning outcomes.
- Engaging activities and exercises to help students develop.
- Career skill designations.
- Resources and materials to support instruction.
- Alignment with CDOS standards and CareerZone features.

Lesson Plans

The New York State Department of Labor is an Equal Opportunity Employer/Program.
Auxiliary aides and services are available upon request and free of charge to individuals with disabilities TTY/TDD 711 or 1-800-662-1220 (English) / 1-877-662-4886.