

WE ARE YOUR DOL



Department
of Labor

A proud partner of the American Job Center network

NEW YORK STATE CAREER CENTERS

Convenient NO COST Job Search Services
Central New York

CAREER COUNSELING & RESUME ASSISTANCE

Our counselors will help you assess your needs, skills, and interests. They will guide you through a step-by-step process to help you in your job search. Expert staff will help you write and design a resume that gets results. We will show you how to tailor your resume and how to market your skills on the Internet.

VIRTUAL WORKSHOPS

You can participate in virtual workshops with daily live presenters on:

- Job search strategies
- Managing job loss
- Networking
- Resume preparation
- Salary negotiations
- Interviewing skills

RESOURCE ROOMS

Our Career Centers provide access to computers, telephones, printers, copiers, and faxes at no charge.

JOB SEARCH RESOURCES, EVENTS AND RECRUITMENTS

Businesses throughout New York State list job openings with the Labor Department. You can review job boards and online job openings by visiting: myjobsny.usnlx.com/

Placement Specialists can also help you make a targeted job search. Many businesses use our centers to conduct job recruitments and on-site interviews.
statistics.labor.ny.gov/career-zone/career-calendar.shtml

VIRTUAL CAREER CENTER

The Virtual Career Center (VCC), New York State's premier online job search site, is designed to help people find their next career. Through advanced artificial intelligence, job seekers can match their skills and experience to opportunities available with New York businesses. dol.ny.gov/virtual-career-center-ind

ADULT BASIC EDUCATION / ENGLISH AS A SECOND LANGUAGE

We can refer you to no-cost courses to help you earn a high school equivalency diploma or to improve your English-language skills.

COURSERA

The New York State Department of Labor is partnering with Coursera, the leading online training provider. Through Coursera, unemployed New Yorkers will have access to nearly 4,000 programs across high-growth industries and can hone skills in data science, business, and technology. Many of these programs are pathways to certifications and can help elevate your career.

VOCATIONAL CLASSROOM AND ON-THE-JOB TRAINING (FOR THOSE WHO QUALIFY)

We can refer you to short-term training for long-term careers.
Subject to funding availability and program regulations

ACCOMMODATIONS AND ADAPTIVE TECHNOLOGY

If you have a disability and need an accommodation or assistance in order to fully benefit from services offered at the Career Center, please let our staff know. We have adaptive technology to help you access resources, including: screen readers, magnifiers, text-to-speech software, TTY text telephone, trackball, and large-print keyboards.

DIGITAL LITERACY

Digital literacy skills are needed to seek, obtain, and retain employment.

Our Career Centers offer NorthStar digital literacy assessments and training on:

Essential Computer Skills - Basic Computer Skills; Internet Basics; Using Email; Windows; Mac OS

Essential Software Skills - Microsoft Word; Microsoft Excel; Microsoft PowerPoint; Google Docs

Using Technology in Daily Life - Social Media; Information Literacy; Career Search Skills; Digital Footprint

FIND YOUR CAREER CENTER

www.labor.ny.gov/career-center-locator

CENTRAL NEW YORK CAREER CENTERS

CAYUGA WORKS

199 Franklin Street, Suite 204

Auburn, New York 13021

315-253-1590

www.cayugacortlandworks.org/

CORTLAND WORKS

99 Main Street

Cortland, New York 13045

607-756-7585

www.cayugacortlandworks.org/

OSWEGO COUNTY

WORKFORCE NY

200 North 2nd Street

Fulton, New York 13069

315-591-9000

www.ocwny.org/

WAMPSVILLE WORKING

SOLUTIONS

133 N. Court Street

Wampsville, New York 13163

315-363-2400

www.working-solutions.org

CNY WORKS

960 James Street

Syracuse, New York 13203

315-473-8250

www.cnyworks.com