



Conviction Speeches: Examples

Now that you've seen the steps of how to develop a conviction speech, here are some examples to consider. Notice that these speeches are brief, to the point and give just enough information to explain what happened before moving on to the rest of the interview.



Pam expresses regret, yet she remains positive. She also uses the time to market her experience.

"I made a decision I deeply regret over five years ago. I served five years of time and it has changed the way I choose to live my life now. I am a dedicated hard worker with a driven focus on succeeding. I have more than fifteen years in a customer service-oriented field, and I can bring a lot to this company."

"Yes, I did commit a breach of ethics at a previous job, for which I served two years. It was a violation of their trust and I'm very sorry it happened. I've kept myself busy since then learning new skills, and I now have several years of certified training and experience in building maintenance. I would love a chance to use these skills and prove myself at this company. I am also eligible to be bonded under the Federal Bonding Program."



Steve is accountable and upfront about his past. He talks about what he has done since that time and also mentions a free hiring incentive.



Hector talks about how his life has changed and the supports he has in place. He expresses enthusiasm about this job and closes with his experience and references.

"Yes, I do have some previous convictions for drug-related offenses, but they will not affect my ability to do this job. I have been through rehab and I am a changed man. After serving all of my time, I can honestly say that I don't want anything to do with my old life. Now, I'm happy spend time with my family and friends who support me.

I am seriously looking forward to working with this company and starting a new and better future. As you see on my application, I have three years of mechanical skills training I can bring to this job, as well as several excellent references."