

WE ARE YOUR DOL



Department
of Labor

A proud partner of the American Job Center network

NEW YORK STATE CAREER CENTERS

Convenient NO COST Job Search Services
Capital Region

CAREER COUNSELING & RESUME ASSISTANCE

Our counselors will help you assess your needs, skills, and interests. They will guide you through a step-by-step process to help you in your job search. Expert staff will help you write and design a resume that gets results. We will show you how to tailor your resume and how to market your skills on the Internet.

VIRTUAL WORKSHOPS

You can participate in virtual workshops with daily live presenters on:

- Job search strategies
- Managing job loss
- Networking
- Resume preparation
- Salary negotiations
- Interviewing skills

RESOURCE ROOMS

Our Career Centers provide access to computers, telephones, printers, copiers, and faxes at no charge.

JOB SEARCH RESOURCES, EVENTS AND RECRUITMENTS

Businesses throughout New York State list job openings with the Labor Department. You can review job boards and online job openings by visiting: myjobsny.usnlx.com/

Placement Specialists can also help you make a targeted job search. Many businesses use our centers to conduct job recruitments and on-site interviews.

statistics.labor.ny.gov/career-zone/career-calendar.shtml

VIRTUAL CAREER CENTER

The Virtual Career Center (VCC), New York State's premier online job search site, is designed to help people find their next career. Through advanced artificial intelligence, job seekers can match their skills and experience to opportunities available with New York businesses. dol.ny.gov/virtual-career-center-ind

ADULT BASIC EDUCATION / ENGLISH AS A SECOND LANGUAGE

We can refer you to no-cost courses to help you earn a high school equivalency diploma or to improve your English-language skills.

COURSERA

The New York State Department of Labor is partnering with Coursera, the leading online training provider. Through Coursera, unemployed New Yorkers will have access to nearly 4,000 programs across high-growth industries and can hone skills in data science, business, and technology. Many of these programs are pathways to certifications and can help elevate your career.

VOCATIONAL CLASSROOM AND ON-THE-JOB TRAINING (FOR THOSE WHO QUALIFY)

We can refer you to short-term training for long-term careers. *Subject to funding availability and program regulations*

ACCOMMODATIONS AND ADAPTIVE TECHNOLOGY

If you have a disability and need an accommodation or assistance in order to fully benefit from services offered at the Career Center, please let our staff know. We have adaptive technology to help you access resources, including: screen readers, magnifiers, text-to-speech software, TTY text telephone, trackball, and large-print keyboards.

DIGITAL LITERACY

Digital literacy skills are needed to seek, obtain, and retain employment.

Our Career Centers offer NorthStar digital literacy assessments and training on:

Essential Computer Skills - Basic Computer Skills; Internet Basics; Using Email; Windows; Mac OS

Essential Software Skills - Microsoft Word; Microsoft Excel; Microsoft PowerPoint; Google Docs

Using Technology in Daily Life - Social Media; Information Literacy; Career Search Skills; Digital Footprint

FIND YOUR CAREER CENTER

www.labor.ny.gov/career-center-locator

CAPITAL REGION CAREER CENTERS

ALBANY CAREER CENTER

155 Washington Ave, Third Floor
Albany, NY 12210

518-462-7600

www.capreg.org

SARATOGA COUNTY CAREER CENTER

152 West High Street
Ballston Spa, New York 12020

518-884-4170

www.thejoblink.org

WASHINGTON COUNTY CAREER CENTER

383 Broadway, Suite B003A
Fort Edward, New York 12828

518-746-2390

www.thejoblink.org

COLUMBIA/GREENE WORKFORCE NEW YORK, COLUMBIA/GREENE COMMUNITY COLLEGE

4400 Route 23
Hudson, New York 12534

518-697-6510

www.columbiagreenetworks.org

NEW YORK STATE CAREER CENTER OF WARREN COUNTY

333 Glen Street, Suite 300
Glens Falls, NY 12801

518-743-0925

www.thejoblink.org

SCHENECTADY CAREER CENTER

797 Broadway
Schenectady, New York 12305

518-344-2735

www.capreg.org

RENSSELAER COUNTY WORKFORCE CAREER CENTER

1600 7th Avenue, 5th Floor
Troy, New York 12180

518-270-2860

www.rensco.com/175/Employment-Training-Assistance