

CAREER COUNSELING & RESUME ASSISTANCE

Our counselors will help you assess your needs, skills, and interests. They will guide you through a step-by-step process to help you in your job search. Expert staff will help you write and design a resume that gets results. We will show you how to tailor your resume and how to market your skills on the Internet.

VIRTUAL WORKSHOPS

You can participate in virtual workshops with daily live presenters on:

- Job search strategies
- Networking
- · Salary negotiations
- Managing job loss
- Resume preparation
- · Interviewing skills

RESOURCE ROOMS

Our Career Centers provide access to computers, telephones, printers, copiers, and faxes at no charge.

JOB SEARCH RESOURCES, EVENTS AND RECRUITMENTS

Businesses throughout New York State list job openings with the Labor Department. You can review job boards and online job openings by visiting: myjobsny.usnlx.com/

Placement Specialists can also help you make a targeted job search. Many businesses use our centers to conduct job recruitments and on-site interviews.

statistics.labor.ny.gov/career-zone/career-calendar.shtml

VIRTUAL CAREER CENTER

The Virtual Career Center (VCC), New York State's premier online job search site, is designed to help people find their next career. Through advanced artificial intelligence, job seekers can match their skills and experience to opportunities available with New York businesses. dol.ny.gov/virtual-career-center-ind

ADULT BASIC EDUCATION / ENGLISH AS A SECOND LANGUAGE

We can refer you to no-cost courses to help you earn a high school equivalency diploma or to improve your English-language skills.

COURSERA

The New York State Department of Labor is partnering with Coursera, the leading online training provider. Through Coursera, unemployed New Yorkers will have access to nearly 4,000 programs across high-growth industries and can hone skills in data science, business, and technology. Many of these programs are pathways to certifications and can help elevate your career.

VOCATIONAL CLASSROOM AND ON-THE-JOB TRAINING (FOR THOSE WHO QUALIFY)

We can refer you to short-term training for long-term careers. Subject to funding availability and program regulations

ACCOMMODATIONS AND ADAPTIVE TECHNOLOGY

If you have a disability and need an accommodation or assistance in order to fully benefit from services offered at the Career Center, please let our staff know. We have adaptive technology to help you access resources, including: screen readers, magnifiers, text-to-speech software, TTY text telephone, trackball, and large-print keyboards.

DIGITAL LITERACY

Digital literacy skills are needed to seek, obtain, and retain employment.

Our Career Centers offer NorthStar digital literacy assessments and training on:

Essential Computer Skills - Basic Computer Skills; Internet Basics; Using Email; Windows; Mac OS

Essential Software Skills - Microsoft Word; Microsoft Excel; Microsoft PowerPoint; Google Docs

Using Technology in Daily Life - Social Media; Information Literacy; Career Search Skills; Digital Footprint

FIND YOUR CAREER CENTER

www.labor.ny.gov/career-center-locator

NORTH COUNTRY CAREER CENTERS

ST. LAWRENCE CAREER CENTER

80 State Highway 310, Suite 8 Canton, New York 13617-1498 315-386-3276 www.slconestop.com

35 Glenn Street Massena, NY 13662 315-769-3596 www.slconestop.com

1031 Patterson Street Ogdensburg, NY 13669 315-393-4600 www.slconestop.com

ELIZABETHTOWN ONEWORKSOURCE

PO Box 848 7572 Court St. Ste 2 Elizabethtown, NY 12932 518-873-3207 www.oneworksource.com

THE WORKPLACE

5274 Outer Stowe Street Lowville, New York 13367 315-376-5800 www.jefflewisworkforce.com

MALONE ONEWORKSOURCE

158 Finney Boulevard Malone, New York 12953 518-481-5755 www.oneworksource.com

ONEWORKSOURCE

194 US Oval Plattsburgh, New York 12903 **518-561-0430** www.oneworksource.com

THE WORKPLACE

1000 Coffeen Street Watertown, New York 13601 315-786-3651 www.jefflewisworkforce.com