**Myers-Briggs Personality Test and Productivity**

**Directions:** While watching the video, take notes on your Myers-Briggs Personality Type and Productivity in school.

**Step One:** Complete the test and input your score:

| **My Myers-Briggs Type is:** |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **(E or I)** | **(S or N)** | **(T or F)** | **(J or P)** |

**Step Two:** Pay attention to the video and write down the suggestions given for your type:

| **CIRCLE:** | **(E or I)** | **(S or N)** | **(T or F)** | **(J or P)** |
| --- | --- | --- | --- | --- |
| What I learned about my type: |  |  |  |  |
| What do I need to do to improve **productivity** |  |  |  |  |