**My Career Plan Research Project**

In this project, you will learn more about yourself and a chosen career. The final product will be a presentation and an essay. You will create a slideshow and speak for 2 to 3 minutes about what you learned about yourself, your career, the options, and what path you chose. The essay will be 3 to 5 pages in MLA format. Both files (slides for the presentation and research paper) will be submitted to Turnitin.com.

Frist, you will assess your skills, interests, and abilities by completing inventories or quizzes to determine who you are and learn more about yourself. The inventories will give you guidance for possible careers and colleges. For example, if you score low in math skills, a career as a crime-scene investigator or nurse would not be a good area for you. The assessments aim to reinforce your decisions or open new areas for you to consider. Be sure to keep track of where you locate information. Links and directions will be provided.

After assessing yourself and exploring careers that are related to your interests, values, personality, etc. You will take a deeper look into one career. There are at least 13 areas to explore for the career. For the optional areas, you can do them if they pertain to the career. You will use several career sites to explore the career. Be sure to keep track of where you locate information. Links and directions will be provided.

The last section is to explain your plan for attaining the career. In this part you will explain what steps you will take to attain your selected career. You will explain how your attributes and traits are appropriate for your selected career. For your plan you will also explain trade-offs (things given up or gained) and opportunity costs (what the opportunity will cost) for your plan. If you are selected college, you will discuss the costs included with the college opportunity (tuition, room/board, travel, internships, etc.). If you are selecting an apprenticeship, you will explain the benefits and costs.

The last section will be a conclusion where you sum up the information and explain your experiences in the process. You will talk about what you learned, the impact of the learning, and how you view the project.

The presentation and the essay will receive separate grades using the attached rubrics.

Use the checklists for each section to ensure all required areas are in your presentation and essay. Checklists, links, and documents will be provided and posted in Teams.

Areas to be included in the essay and presentation.

A. Introduction

* Introduce yourself
* Introduce your career
* Thesis statement

B. My Attributes--Complete the Inventories/Assessments

* Assess yourself tabs on Career Zone
* Learning Styles
* Career Interest
* Personality Inventory
* Values Assessment
* Test-Taking Inventory
* ASVAB (only for those interested in the military)

C. Career Goals—Complete **ALL**

* Occupation Description or Career Definition
* Interests of people in that career
* Work values of people in that career
* Tasks/duties
* Technology used in the career
* Skills/knowledge
* Work Context (physical and social aspects of the career)
* Work Style (personal work preferences and characteristics)
* Education, certification, and/or training
  + School Programs
  + Apprenticeship Programs
* Requirements and/or opportunities for advancements/promotions
* Earning potential
* Current vacancies
* Future outlook (region, state, or national)
* Optional:
  + Drug/Alcohol Policies
  + Physical fitness requirements
  + Continuing education requirements
  + Reasons for certification revocation, suspensions, and/or termination

D. Plan

* State what your chosen career is, why, and how you plan to achieve that goal
* Discuss trade-offs (things given up or gained) and the opportunity cost (actual cost or benefit) between workforce, apprenticeships, military, and college for your career goals. (Note: not everyone will discuss all options)
* Create a Budget based on personal goals (money spent or money gained)
  + Cost of a college program vs benefits of an apprenticeship
  + Costs of attending college (tuition, room, board, travel, etc.)

E. Conclusion

* Sum up the process. Explain what you learned during the process.
* Application of personal attributes to career choice
* Explain the impact and importance of the project.