

# SEAP Online Application

Log in to your NY.gov account at [www.labor.ny.gov/signin](http://www.labor.ny.gov/signin)

The screenshot shows the top navigation bar with the New York State of Opportunity logo, the Department of Labor name, and the text "Online Services For Individuals". A search bar is visible on the right. Below the navigation bar, there are several message boxes: a yellow one for "test technical shopping", a green one for "Test Alert Alert msg", and a blue one for "link here". The main content area features the "NY.gov ID" login section. It includes a "Sign In" button and a "Log in to account" callout with a large arrow pointing to the login fields. To the right of the login fields, there are links for "If you already have an NY.gov ID...", "If you do not have an NY.gov ID...", and "Still need help?".

Once logged in, scroll to the Employment Services section and select the Self-Employment Assistance Program link.

The screenshot shows the "JobZone" and "Unemployment Insurance" sections. The "JobZone" section includes a description, a list of online tools, and a "JobZone" button. The "Unemployment Insurance" section includes a list of services (File a Claim, Claim Weekly Benefits, View Payment History, Direct Deposit, View / Print 1099-Gs, Change Tax Withholding) and a "Work Search Record" button. The "Employment Services" section is highlighted with a large arrow, and a list of links is shown below it, with a large arrow pointing to the "Self-Employment Assistance Program" link.

- [Career Center Locator](#)
- [Employability Score](#)
- [Career Center Events and Recruitments](#)
- [Military to Civilian Occupation Translator](#)
- [CareerZone](#)
- [Prevailing Wage](#)
- [Self-sufficiency Estimator](#)
- [Self-Employment Assistance Program](#)

If you have not completed the SEAP Orientation, select 'Complete the SEAP Orientation.' If you are ready to start your SEAP application, select 'Start or Finish a SEAP Application.'

## Self-Employment Assistance Program

The Self-Employment Assistance Program (SEAP) allows eligible individuals the opportunity to start their own business while receiving Unemployment Insurance benefits. To be eligible for the SEAP, you must be identified by the state's profiling system as being likely to exhaust Unemployment Insurance benefits. SEAP invitation letters are sent to eligible individuals.

[View Information About the SEAP](#)

[Complete the SEAP Orientation](#)

[Start or Finish a SEAP Application](#)



[Return](#)